

FOREVER FOOTBALL 7s

Friday 24th March 2023: 6pm-9pm



FC United of Manchester Broadhurst Park, Moston, Mcr.



Forever Football 7s Tournament, Kindly sponsored by Auto Trader

Date: Friday 24th March 2023 (6pm – 9pm)

Venue:

FC United of Manchester

Floodlit 3G Pitch

Broadhurst Park, Lightbowne Road

Moston, Manchester M40 0FJ

Cost: £200 per team. All proceeds go to Forever Manchester to fund and support community activity across Greater Manchester.

INFORMATION

The 7-a-side charity football tournament will see 15 teams competing against each other in the format of three leagues of five teams, followed by semi-finals and final. The tournament is open for male, female, and mixed teams (minimum age of 16). Each team must have a squad of a minimum of seven players.

The full-sized floodlit 3G pitch will be divided into three pitches playing across the width of the pitch.

Each match will last 10 minutes and every team will be guaranteed to play a minimum of four matches. Matches will begin at 6pm, so players are encouraged to get to the ground in good time (from 5pm).

There is free car parking available, as well as access to the changing and shower facilities. Spectators can watch from the perimeter of the 3G pitch. Bring your own chairs.

After the games have finished, we will host a post-match presentation with refreshments in the function room at FC United.

What to wear

We recommend that players in a team all wear the same-coloured shirts. Coloured bibs will be provided if there is a clash of colours. Football boots and Astroturf trainers are allowed, however metal studs/blades are forbidden. We recommend that all players should wear shin pads.

MATCH RULES

- All matches will be refereed by a qualified referee.
- Each match will last 10 minutes (no half time)
- Rolling substitutions
- Overhead height is allowed
- Score from anywhere
- Players can access all areas of the pitch
- Goalkeepers can kick or throw the ball out
- Goalkeepers can come out of the area but cannot handle outside of the area
- No offside
- Strictly No Slide Tackles - (safety aspect)
- Defenders are to retreat 7 yards at all free kicks
- Keepers can slide/save with feet within the goal area only
- Underarm throw-ins
- After a goal has been scored play will resume from the centre circle
- Free kicks and penalties will be given when fouls or hand-balls are committed
- A red card for violent conduct will mean expulsion from the tournament for the player
- The referee's decision is final.
- Three points will be awarded for a win and one point for a draw.

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The team with the most points in each league will progress through to the Semi-Finals. If points are tied at the top, then it will go down to the best head-to-head result. If this is inconclusive then goal difference will decide, if that is the same then it is most goals scored. If this is still inconclusive, a penalty shoot-out (5 pens each) will take place between the two teams.

The team who finishes the best runner-up in terms of points will also progress to the Semi-Final. Likewise, if the runners-up have equal points, then goal difference then goals scored will determine the best runner-up.

Fixtures and further information will be shared once all teams are confirmed.