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FREE SPORTS AND ACTIVITIES DAY FOR THE WHOLE FAMILY

**SUNDAY
2 AUGUST
12 - 4PM**



**NORTH MANCHESTER COMMUNITY GAMES
BOGGART HOLE CLOUGH, CHARLESTOWN ROAD M9 7DH**

**JUST TURN UP
AND JOIN IN!**

**LOADS OF FUN SPORTS AND ACTIVITIES FOR ALL AGES
FULL SCHEDULE OVERLEAF!**

PLUS: BOUNCY CASTLE | CLIMBING WALL | FACE PAINTING



ACTIVITY	TIME	AREA
Boxing	12 - 4pm	1
Volleyball	12 - 4pm	1
Mini Olympics	12 - 2pm	1
Taekwondo	2pm - 3pm	1
Bouncy Castle	12 - 4pm	1
Community Stalls	12 - 4pm	1
Arts+Crafts, Face Painting	12 - 4pm	1
Football	12 - 3pm	2
Rugby	12 - 3pm	2
Visually impaired Cricket	3pm - 4pm	2
 Tai Chi	12 - 1pm	Marquee
Chair Based Exercise	1pm - 2pm	Marquee
Family Zumba	2pm - 4pm	Marquee
 Leisurely Park Walk with Refreshments	2pm - 3pm	From Visitors Centre
Athletics	12 - 4pm	Track
Fun Run (2 miles)	12 - 1pm	Meet @Track
Climbing Wall	12 - 4pm	Track
GM Fire Service + Fire Engine	12 - 4pm	Track
Simply Cycling	12 - 2pm	Track
Bootcamp	2pm - 4pm	Track
Squash	2pm - 4pm	Track
Fishing	12 - 4pm	Lakeside
Cafe (£)	11am - 4pm	Lakeside
Live Music	2pm - 4pm	Lakeside

Schedule subject to change

Contact Scott Flitcroft on 07599 474065 or s.flitcroft@manchester.gov.uk for more details

With special thanks to all our supporters and partners:

